

ROLE OF DIGITAL TECHNOLOGY IN BUILDING RESILIENCE OF ADOLESCENTS IN THE CONFLICT STATE OF MANIPUR

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ABSTRACT

This paper discusses about the role played by digital technology in building resilience of adolescents in the state of Manipur, amidst the ongoing various unresolved socio-political conflicts. Because of its ubiquity in the present time and considering the wellbeing and developmental outcomes of young people, in the context of their relationship with digital technology, Bronfenbrenner's Ecological Systems Theory provides a useful perspective. A multistage sampling method was employed in the study. Resilience of adolescents was found to be positively correlated with usage of digital technology. It may be said that the use of digital technology are both a cause and a consequence of development of resilience in adolescents.

KEYWORDS: *Adolescents, Conflict, Resilience, Digital Technology, Ecology*

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